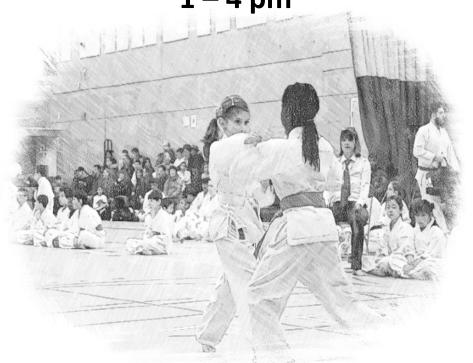




### 1st JKA Shōtōkan Karate-Dō Junior Tournament

June 20, 2015 1 – 4 pm



#### **Hintonburg Community Centre**

1064 Wellington St. Ottawa, ON, K1Y 2Y3

Registration fee: \$20 Spectator FREE

#### **WELCOME**

I would like to welcome all of you taking part in the 1<sup>st</sup> JKA Shōtōkan Karate-Dō Junior Tournament. A great deal of work is required to organize and coordinate an event of this nature, and I congratulate all those who helped, with special recognition going to your host, the JKA Migenkan.

Karate demands skill, dedication and discipline. I commend all participants for exhibiting these qualities. I hope that you will not seek merely to win tournaments with your skill. I trust that you will always respect and emphasize proper manners. Tournaments are not about winning medals, they are about gaining experience, developing confidence, and building a winning attitude that will last a lifetime. I sincerely hope that all participants will learn from this experience, and with the continued practice of Karate Dō, learn the true meaning of martial arts.

Regardless of the outcome of your matches, you have already become winners by trying your best in fair and spirited competitions.

Oscar Avellaneda
Chief Instructor OSKD

TOURNMENT OFFICIALS				
JKA Migenkan)				
neda, Steve Diffin (OSKD)				
sotti (Kirkland JKA Karate Club)				
atelets (Notre Dame du Laus JKA)				
(Shotokan Karate Tora Dojo)				
pasawa				
Donald, Melinda Massotti				
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#### Message by His Excellency Kenjiro Monji, Ambassador of Japan to Canada



EMBASSY OF JAPAN OTTAWA THE AMBASSADOR

June 18, 2015

Message by
His Excellency Kenjiro Monji,
Ambassador of Japan to Canada
to
The First Japan Karate Association
Shotokan Karate-Do Junior Tournament

On the occasion of the First JKA Shotokan Karate-Do Junior Tournament in Ottawa on June 20, 2015, I wish to express my sincere greetings to all the participating young Karate-ka and to the organizations which are supporting this event.

Karate is one of the most popular traditional martial arts in Japan and is now practiced all over the world. I arrived in Canada as Ambassador of Japan in April 2015 and am very encouraged to find that Canadian Karate students are working very hard to deepen their understanding about Karate-do and to advance their skills in the sport.

I am, therefore, very pleased that the First JKA Shotokan Karate-Do Junior Tournament is being held here in Ottawa and would like to send my best wishes for its success. I am certain that this is an excellent opportunity for participants to improve their skills in Karate and to learn from other participants. The ultimate spirit of Japanese martial arts is not only to strengthen martial technique but also to heighten their moral standards and good manners, such as pride, mercy, courtesy and respect for others. This spirit is not only practiced during the tournament, but also carries on into everyday life.

I hope that the tournament will feature the highest standards of skill and outstanding sportsmanship, and I wish all the best once again.

Sincerely yours,

Kenjiro Monji Ambassador of Japan

#### **PROGRAM**

#### **Opening remarks**

#### Beginners (white - orange belts) event

White (includes yellow stripe) belts

- individual KATA
- individual KUMTE

Yellow and orange belts

- individual KATA
- individual KUMTE

Team KATA

#### Intermediates-advance (green - brown) event

Green belts

- individual KATA
- individual KUMTE

Purple and brown belts

- individual KATA
- individual KUMTE

Team KATA

#### **Closing remarks**

#### **EVENTS**

#### **ELIGIBILITY**

Open to all students who are members of JKA-SKD Canada and who are 6-14 years of age.

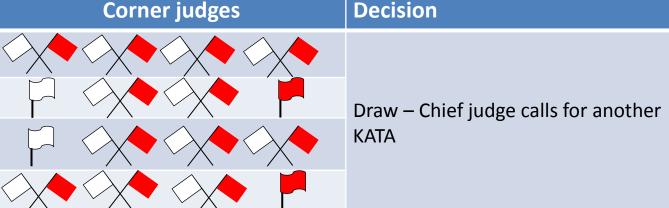
Category	Rank Kyu	Individual KATA	Individual KUMITE (Right side, if tie, left side)	TEAM KATA
White (includes yellow stripe)	9 <sup>th</sup>	Flag system Taikyoku Shodan (T1), Heian Shodan (H1)	Kihon Sanbon Kumite - Jodan (J) only	T1 or H1
Yellow- Orange	7 <sup>th</sup> , 8 <sup>th</sup>	Flag system H1, Heian Nidan (H2) or Heian Sandan (H3)	Kihon Sanbon Kumite - J and C	H1 or H2
Green	6 <sup>th</sup>	Elimination:  Flag system  H1, H2, H3  Final 4:  Point system  Heian Yondan (H4)	Kihon Ippon Kumite - J, C, M, Yokogeri Kekomi (K)	H4
Purple- Brown	1 <sup>st</sup> - 5 <sup>th</sup>	Flag system H2, H3, H4 Final 4: Point system (choice) Heian Gondan (H5), Tekki Shodan or Bassai Dai (choice)	Kihon Ippon Kumite - J, C, M, K (For brown belts only: Jiyu Ippon Kumite - J, C, M, K)	H5, Tekki Shodan or Bassai Dai

#### JUDGING - FLAG SYSTEM

Each corner judge decides which side (WHITE or RED) is a winner and raises his/her flag upon a call from a chief judge (a long whistle followed by a short whistle). Chief judge also has his/her decision made at the same time. On a second whistle, corner judges lowers their flag. Then chief judge calls for the overall decision.

Corner judges			Winner	
				WHITE
				RED

Corner judges	Winner / Decision		
	WHITE or Draw depending on the decision		
	of chief judge		
	RED or Draw depending on the decision of		
	chief judge		
	Draw or WHITE or RED depending on the decision of chief judge		
Corner judges	Decision		



# Good Luck to All Participants of the 1st JKA Shotokan Karate-Do Junior Tournament!

#### **Japan Auto Services**

55 Breezehill Avenue, Unit 2, Ottawa, ON

(613) 722-1122

Japan Auto Services has been established in Ottawa since 1985.

By providing good, old-fashioned customer service over the years, proprietor **Frank Crisante** has gained a loyal following in the community. Many hundreds of area residents have come to depend on him, and to rely on the technical expertise of his friendly staff to keep their family vehicles in peak running condition.

The success of his neighbourhood business has been built on a foundation of customer satisfaction. Indeed, satisfied existing clients are Frank Crisante's best advertising. Their 'word-of-mouth referrals' continue to be his largest source of new customers.

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Soyarie, Inc. specializes in tofu and tofu based products. Tofu can be the secret ingredient in a very special recipe or it can be the main focus of a meal. Discover many ways to enjoy tofu with us!

## Congratulations to all participants of the first JKA Shotokan Karate-Do Junior Tournament!

**Koichi Watanabe** *Founder and Owner Soyarie, Inc.* 





Formerly Suisha Gardens, C'est Japon À Suisha is a traditional Japanese-owned restaurant in downtown Ottawa, open since 1974.

#### We've been in Ottawa for 40 years!

Our uniquely designed restaurant offers a sushi bar on the main level displaying sushi on floating boats. Private rooms and Japanese-style Tatami rooms for special occasions are available downstairs (Reservations are recommended).

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